



# Jason Belmonte

**Birthdate/Place:** July 29, 1983 in Orange, NSW, Australia.  
**Marital Status:** Almost engaged to Kimberly Jane Shapter.  
**Nickname:** 'Belmo.' I bowled in an event where the scoring monitors were able to accept only five letters.  
**I Started Bowling:** When I was 18 months old. Mum and Dad have a bunch of pictures; I was a cute little baby boy.  
**How I Started Bowling With Two Hands:** Because I was so young when I started, it was the only way I could push the ball down the lane. As I got older, I loved to see the ball hook. Now, it feels natural, plus I'm hopeless with just one hand.  
**Personal Hero:** Lasse Lintila. Watching the way he executes every shot is amazing. His style is flawless, and his mental game is the best in the world.  
**All-Time Favorite Bowler:** Norm Duke.  
**After a Bad Game:** I give myself 20 minutes to cry, whine and do whatever. And I go somewhere to do it so I don't embarrass myself. Then I'm back to normal.  
**Ultimate Goal in Bowling:** To win All-Events and a Team gold at the WTBA World Championships... and, one day, join

the PBA Tour.  
**Advice for Aspiring Bowlers:** Always use plastic for spares, and leave your attitude (if it's bad) at home.  
**What I Least Understand About Bowling:** How a bad shot can score higher than a great shot.  
**Pre-Game Ritual:** I always tie my left shoelace first. When I tie my right shoelace first, I shoot 180.  
**Best Thing About Bowling Internationally:** The people you meet; they're amazing, and some will be friends for life.  
**Favorite Aussie Food:** Sausages cooked on a barbee, with a medium-rare steak and a huge salad.  
**Favorite Music:** Everclear is my favorite band. I like to listen to all kinds of music, except country-western.  
**Favorite TV Show:** 'Prison Break,' by a mile.  
**One Thing Scientists Should Invent:** A faster commercial airplane — Sydney to London in one hour would be nice.  
**Non-Bowling Products I'd Like to Endorse:** Sony PSP or the iPod. They're the first two things in my travel bag... followed closely by my passport.

**Thom's Thumb**  
Your Thumb's Best Friend

"The Right Fit All The Time"

22 Sizes Round Or Oval

Don't Be Stuck With Just One Size

**FAST • INTERCHANGABLE • EASY**

One Insert Fits Every Ball You Own

Tough, Reliable Guaranteed

Pre-drilled Ready To Use • Guaranteed for Life Not To Break

Toll Free Order Line: 1-866-922-0026 • Customer Service: 1-888-269-7401

[www.thomsthumb.com](http://www.thomsthumb.com)

**THE ESSENCE OF SPORT BOWLING**

The competitive bowling experience for those who are passionate about the sport.

**EXPERIENCE IT!**

...the competition ...the excitement  
 ...the results ...the pride

It takes dedication, commitment & drive to become a champion

**USBC SPORT BOWLING**

**BOWL.COM**  
Click on the Sport Bowling tab

- Challenge yourself on competitive lane conditions.
- Enhance your skills and increase your confidence.
- Prepare for tournaments.

Take your game to the next level – visit the Sport Bowling section of [bowl.com](http://bowl.com) or call (800) 514-BOWL, ext. 3177 to learn more or find a league near you.

**US BOWLING CONGRESS** Bowl with **US**.